



Westminster Preschool News



February 2012

All **YOU** need to know about Westminster!



February's Theme:

"My Senses Tell Me..."

We understand that a child's world revolves around their ability to taste, touch, smell, taste, and hear. This month we are discovering how all of these senses work together. We have planned listening walks, tantalizing taste tests and more!

We will also learn how animals use their senses!



There's Still Time...

If you haven't yet enrolled your child for summer and fall classes, some openings still exist. Please see contact the office for details.



Valentine's Day Parties -

Feb. 14 & 15

Love is in the air! Tuesday, **Feb. 14** and/or **Wednesday, Feb. 15** have been set aside for a "Valentine Exchange". We are planning days of fun for the children - packed with games, music, activities, and the exchanging of valentines with classmates. Even the snacks will have a Valentine theme! Check with your child's teacher for times and details.

***Remember to send enough valentines for each child in your child's class, including your child.**

They Don't Come with a Manual: What to do about tantrums - by Judy Stephens

Suddenly your normally sweet preschooler flies into a rage and you witness a tantrum. Sometimes these explosions are partly influenced by genetic make up or other times parents may inadvertently encourage them by paying attention to the behavior. Although time outs and stickers may temporarily curb the tantrum, there is a more effective strategy.

First, notice the circumstances or environment that may have set the stage for intense anger. For example are you grocery shopping when the child is tired or hungry?

Second, state what you want the child to do, not what you don't want. If a tantrum is starting, remain calm. Describe the behavior. Praise attempts by the child at self control. Give the child options. Be specific, don't just say be good, as this can be unclear to a child. Try to ignore negative behavior. Don't appear desperate or beg.

If you have a toddler, two year old or young three year old, acknowledge his/her anger or displeasure. Describe the behavior you are witnessing to the child using simple short sentences. Then redirect the child into something more positive.

Most of all, be patient. It takes time and practice to change a reaction.



Need Extra Cash?

- Refer a friend who enrolls and the Preschool will pay you \$75.
- Enroll in an afternoon class and save money. Prices are less for afternoon sessions.



Gearing up for Summer School!

July 3rd -Aug. 30th.

Summer Classes are going to be awesome! "Fun Days," games and an array of exciting activities for the kids are being planned. Every two weeks the themes change. Here's what's coming up in July and August...

- "Medieval Times"
- "Underground Adventures"
- "Kid Olympics"
- "Camp Westminster"

Special Thanks



- ◆ To everyone who help make our Open Houses a huge success!

FEBRUARY 2012



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
			1	2	3	4
5	Cooking: 6 "Sweetheart Pizza"	Cooking: 7 "Sweetheart Pizza"	8	9	10	11
12	13	T/TH 14 Classroom Valentine Parties	M W F 15 Classroom Valentine Parties	16	17	18
19	Closed for 20 President's Day Observance	Cooking: 21 "George Wash- ington's Mini Pies	Cooking: 22 "George Washing- ton's Mini Pies	23	24	25
26	27	28	29			



What's Coming Up in March/April?

- Dr. Seuss/Silly Hat Days - March 1 & 2
- Vintage Picture Days
- Bit 'O Green Days - March 15 & 16
- Spring Parades and Parties - April 4 & 5
- Good Friday Observance - April 6 (school is closed)
- Speech/Language/Hearing Screenings - April 9 & 10
- Pony Picture Days - April 12 & 13



